

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:8, starttime: 08:53
Heat: 8/16 Lane : 5 Athlete: VERNIERS NIME					Q-time: 02:38:31
PB (50m pool): 02:38.31 Olympic Pool Wezenberg, Antwer 29/07/2025					PB (25m pool): 02:33.70 SB: 02:38.31 Olympic Pool Wezenberg, Antwer 29/07/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.70	01:15.96	02:03.29	02:38.31	
	00:33.70	00:42.26	00:47.33	00:35.02	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:8, starttime: 09:54
Heat: 8/12 Lane : 7 Athlete: VAN OSTA NOMI					Q-time: 01:01:19
PB (50m pool): 01:01.19 Antwerpen 27/07/2025					PB (25m pool): 00:59.61 SB: 01:03.36 Wezenberg 01/02/2026
	5 0 M	1 0 0 M			
PB	00:29.50	01:01.19			
	00:29.50	00:31.69			
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:5, starttime: 10:44
Heat: 5/11 Lane : 1 Athlete: VERNIERS NIME					Q-time: 02:36:88
PB (50m pool): 02:37.77 Olympic Pool Wezenberg, Antwer 29/07/2025					PB (25m pool): 02:35.63 SB: 02:37.77 Olympic Pool Wezenberg, Antwer 29/07/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.20	01:18.78	01:59.12	02:37.77	
	00:38.20	00:40.58	00:40.34	00:38.65	
					

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:13, starttime: 11:41
Heat: 13/19 Lane : 2 Athlete: MATHIEU JACK					Q-time: 02:04:02
PB (50m pool): 02:04.02 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:00.86 SB: 02:06.62 Wezenberg 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.07	01:00.37	no time	02:04.02	
	00:29.07	00:31.30			
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:19, starttime: 11:56
Heat: 19/19 Lane : 5 Athlete: LAUREYSSSENS LUKAS					Q-time: 01:53:10
PB (50m pool): 01:53.10 Antwerpen 17/05/2026 PB (25m pool): 01:53.21 SB: 01:53.10 Antwerpen 17/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:26.34	00:54.75	01:24.08	01:53.10	
	00:26.34	00:28.41	00:29.33	00:29.02	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:4, starttime: 12:02
Heat: 4/12 Lane : 3 Athlete: VAN DEN BERGH ANNA					Q-time: 00:37:27
PB (50m pool): 00:37.27 Olympic Pool Wezenberg, Antwer 29/03/2025 PB (25m pool): 00:38.72 SB: 00:37.27 Olympic Pool Wezenberg, Antwer 29/03/2025					
	5 0 M				
PB	00:37.27				
	00:37.27				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 12:08
Heat: 9/12 Lane : 3 Athlete: VAN OSTA NOMI					Q-time: 00:35:47
PB (50m pool): 00:34.77 Antwerpen 12/02/2023 PB (25m pool): 00:35.07 SB: 00:35.88 Aalst 26/04/2026					
	5 0 M				
PB	00:34.77				
	00:34.77				
					

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+		Heat:11, starttime: 12:10
Heat: 11/12 Lane : 6 Athlete: VERCAMMEN FLEUR		Q-time: 00:34:05
PB (50m pool): 00:34.05 Antwerpen 27/07/2025 PB (25m pool): 00:35.11 SB: no time		
	5 0 M	
PB	00:34.05	
	00:34.05	
		

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+		Heat:21, starttime: 12:32
Heat: 21/24 Lane : 4 Athlete: LAUREYSSSENS LUKAS		Q-time: 00:26:30
PB (50m pool): 00:26.30 Antwerpen 17/05/2026 PB (25m pool): 00:26.32 SB: 00:26.30 Antwerpen 17/05/2026		
	5 0 M	
PB	00:26.30	
	00:26.30	
		

Coach feedback: